



**USATF Oregon  
JO Championships 2022**

**Field Event Guidelines**

**General:**

1. All flights are finals unless there are 2 or more flights in an age group. If so then all athletes will get three attempts and the top 8 will advance to finals. (Except HJ/PV).
2. An athlete cannot advance to the final round unless they complete at least one successful attempt in the prelims.

**Vertical Jumps**

1. Check in with their flight before the flight begins. Checkout time limit: 10 minutes. If the athlete does not return within the time limit the bar will go up and the athlete will pass the height(s) missed.
2. Be sure to call their name in the flight order and wait until the time limit expires.
3. The bar never goes back down except for a possible jump off.
4. If the athlete does not return before the flight finishes, they finish with the last jump that was recorded.

**Horizontal Jumps / Throws**

1. There will be prelims and finals, 3 attempts for each. Eight athletes will advance to the finals. The only exception is if there are less than 8 athletes competing. Then all athletes will get 6 attempts.
2. Check in with their flight before the flight begins. Checkout no time limit. If they are checking out for a running event, pay attention to the age group of the running event. Try not to let them check out too early.
3. If they checkout in the prelims or finals, they must return before the finals start to get their 3 jumps or throws.
4. Once the prelims are done they lose any remaining jumps or throws. If they qualified for finals, the same rule applies. They get their 3 attempts.
5. If the athlete does not return before the flight finishes, they finish with the last attempt that was recorded.