

USATF Oregon Association Masters Track and Field Championships

USATF Oregon Open Track and Field Championships

August 17, 2024

Rex Putnam High School

4950 SE Roethe Road, Milwaukie, OR 97267

Schedule of Events

**Hammer Throw** will be contested at Amity High School on Thursday, August 15 at 5:30pm

**Track Events**

Note: \*Races will be run youngest to oldest – Women, then Men

 \*\*Age groups may be combined

8:00am 5000 Meter Race Walk All Ages

 9:00am 5000 Meter Run All Ages

 9:40am 400 Meter Dash

NOTE: Depending on the number of participants – may contest on a rolling schedule

 10:10am 100 Meter Dash

 10:40am Short Hurdles

 11:10am 800 Meter Run

 11:40am Long Hurdles

 12:10pm 200 Meter Dash

 12:40pm 1500 Meter Run All Age

**Field Events**

Note: \*Field events will be contested youngest to oldest – Women, then Men

 \*\*Age groups may be combined

 9:00am Pole Vault

 Long Jump

 Javelin

 10:00am Discus

 10:30am Triple Jump

 11:00am High Jump

 Shot Put