

Masters Athletics



Q: What age is a Masters athlete?

A: USATF defines the Masters division as athletes age 25 to 100+. Some meets, however, may have other minimum age requirements for their Masters competition, often age 35.

Q: What are the competition opportunities for Masters athletes?

A: USATF offers local, regional, and national competition opportunities in track and field, cross country, long distance running, road racing, race walking, and para athletics. There are also Masters meets, All Comers Meets, and Senior Games hosted by various state clubs and other organizations.

Q: When is the next USATF Oregon Masters Track & Field Championship meet?

A: The USATF Oregon Association is planning its Masters Championship meet for 2026. The date and location will be announced in an email to the Association membership and posted on the Association website. Question about the meet can be sent to the USATF Oregon Masters Chair Peter Cobin: masters@oregon.usatf.org. The Oregon Association is part of the [USATF Masters Northwest Region](#). There is a Northwest Masters Region Championship held every year.

Q: Are there Masters Track Clubs in Oregon?

A: Yes. A few of the largest Masters Track & Field Clubs in the state are: [Portland Masters Track Club](#), [Bowerman Track Club Masters](#), [Team Red Lizard Running Club](#), and the [Oregon Track Club Masters](#).

Q: Does USATF Oregon maintain Masters meet records?

A: Unfortunately, these Masters records have not been kept updated. The Association plans to start record keeping for Masters meets starting in 2026.