



USA Milers' Club

USA Milers' Club Open Meet - 800m and 1500m

Lewis and Clark College, Portland, Oregon

Wednesday 29 May 2013

Results

* Pacemaker

Women 800m 'A'

Place	Athlete	Club	Age Group	Time
1	Emily Rand	Spirit of Oregon	Open	2:12.73
2	Heather Spinney	Spirit of Oregon	Open	2:22.06

Men 800 'A'

Place	Athlete	Club	Age Group	Time
1	Alec Smith	Westview HS	Open	1:50.43 PR
2	Badane Sultessa	Unattached	Open	1:50.62 PR
3	Jasen Brown	Unattached	Open	1:51.22 SB
4	Wes Jones	Evergreen State	Open	1:53.92 PR
5	Freddy Arellano	Unattached	Open	1:57.39
6	David Weiler	Unattached	Open	2:00.96
7	Mike Blackmore	Bowerman AC	M50	2:05.88
8	Kevin Paulk	Bowerman AC	M50	2:13.09
*	Demetrius Rhodes	Unattached		

USATF Northwest Region and USATF Oregon Association

Men 3000mS/C Championships

Place	Athlete	Club	Age Group	Time
1	Justin Kent	Coastal TC/CAN	Open	9:10.00 SB
2	Patrick Psotka	U of Victoria/CAN	Open	9:10.51 PR
3	Chris Reed	Bowerman AC	Open	9:21.60 PR
4	Brad Barton	Get Air Sports	M45	9:24.31
5	Zachary Holloway	Unattached	Open	9:53.89
6	Sandy Dittell	Unattached	Open	10:03.70
7	Ryan Wilson	Portland Track Club	Open	10:30.86 PR

Women 1500 'A'

Place	Athlete	Club	Age Group	Time
1	Sara Vaughn	Bowerman AC	Open	4:15.63 SB
2	Laura Carlyle	Bowerman AC	Open	4:16.08 PR
3	Lauren Johnson	OTC Elite	Open	4:16.72 SB
4	Aisha Praught	OTC Elite	Open	4:19.77
5	Kristen Rohde	Bowerman AC	Open	4:22.30 PR
*	Emily Rand	Spirit of Oregon		
*	Heather Spinney	Spirit of Oregon		

USATF Northwest Region and USATF Oregon Association

Women 3000m S/C Championships

Place	Athlete	Club	Age Group	Time
1	Carrie Dimoff	Bowerman AC	Open	10:07.72
2	Julia Webb	Bowerman AC	Open	10:09.64 PR
3	Allix Potratz-Lee	Vandal Track Club	Open	10:21.31

Men 1500 'A'

Place	Athlete	Club	Age Group	Time
1	Stephane Colle	Vandal Track Club	Open	3:53.47
2	Josh Hanna	Unattached	Open	4:00.04 PR
3	Nick Roche	Gonzaga	Open	4:00.91 PR
4	Ian Gillespie	Unattached	M40	4:02.08
5	Adam Goulet	Run Portland	Open	4:06.37
6	Les Jones	Evergreen State	Open	4:10.54
*	Jasen Brown	Unattached		

